

GOOD TYDINGS
TO THE
Sick and Lame:

OR,
The Sick-Man's Library.

Teaching both High and Low, Rich and Poor, next
under God, how to prescribe to, or procure ease
for the pained, strength for the weak, health
for the Sick, and cure for Sores.

B E I N G

A true and candid *RELATION* of the Vertues
and uses of four Excellent Medicines,

V I Z. { *ARCANUM VEGETABILIMUM,*
PILULÆ VEGETANTES,
BALSAMUM VITÆ,
UNGVENTUM REFRIGERANS,

Whereunto is added,

A few of the many *TESTIMONIES* and *CURES*
performed by the same, their Names, Diseases, and
Places of Abode; being sufficient to confirm the Truth.

Published for the good of all

Who labour under PAIN and MISERY.

By { *RICH. FLETCHER* } Professors of Chymical
{ *NATH. MERRY* } Physick in LONDON.

L O N D O N,

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THE SLIP-MAN LIBRARY

British Museum



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Sick & Lame.

COURTEOUS READER,

ARCANUM VEGETABIL-
UM, Is that *Phylosophick, Cor-*
dial, Purging Vegetable Spirit,
which hath got so great Reputati-
on in LONDON and many o-
ther parts of this Nation, for the
Curing and Rooting out of Dilea-
ses incident to the Bodies of Men, Women, and
Children, *Expelling Noxious Humours, Sweetning*
the Mass of Blood, Opening Obstructions, by which
it hath cured Agues, Feavers, Dropsies, Scurvies,
Worms, Madnes, Phrensies, Pains of the Head,
Common and Inveterate Dulness, Sleepiness, Loss
of Sense and Motion, Convulsions, Falling Sick-
ness, Tremblings, and Weakness of the Sinews,
Stoppage of the Stomack, Imposthumations, Ul-
cers, Pains or Weakness of the Stomach, Spitting
of Blood or Matter, Green Sickness, Stoppage of
A 2 Womens,

Womens Terms, Rickets, Gouts, Jaundice. In short, I have found it to answer the whole end of of Purging and Cordial Physick; being gentle, safe, and pleasant, yet powerful in operation for the Rooting out of Diseases and Assisting Nature to withstand the same, by *Adding Strength to Vital, Animal, and Natural Spirits; Resisting Putrefaction, Expelling Poyson, by which it prevents Infectious Diseases, as Measles, Small Pox, Pestilential Feavers, Plagne, &c.*

2 *PILULÆ VEGETANTES*, This Pill hath been largely experienced, and highly commended by many that have taken it, for the speedy Easing of Pains; as the *Collick, Stone, Gravel in the Reins or Bladder, Gripings of the Guts, Curing of Fluxes, Easing of the Gout, and other Pains of the Limbs: Also for the speedy easing of Coughs, Curing Consumptions, Stoppages of the Stomach, Shortness of Breath, Staying and Preventing Distillations of Rheums, falling from the Head into the Throat or Wind-pipe, which causes a Tickling, sometime a Wheesing or Hooping Cough; commonly called a Distillation upon the Lungs: It is effectual for allaying or appeasing Violent Fits, whether Madness, Frenzies, Agues or Feavers, and is a great Provoker of Sweat and Urine.*

3 *BALSAMUM VITÆ*, This Ballome cures Green Wounds, Ulcers, Fistula's, Cankers, Kings-Evil, Gangrens, to a wonder it dissolves Hard Tumors, Excrescences, Coagulated or Spongyous Flesh into Matter, and cures the same. It easeth old and cold Pains, Bruises, or Strains: Also easeth and
-strengtheneth

(5)

strengtheneth pained, nummed, lamed, and weak Limbs; and is rare in Cold Gouts.

4 UNGVENTUM REFRIGERANS,
This Oyntment cures Burns, Scalds, Scabs, Sores, Tetters, Itch, Ring-worms, Pimples, Pusles, and easeth External Pains, and Asswageth Swellings, Proceeding of Heat, Cures Piles and Hemorrhoids.

This is a short and candid Relation of those four fore-going Medicines of which Twenty years experience in practice, hath afforded me many large Tryals in this City and many other parts of the World, for many have been and daily are Remarkable Cures performed by the same. And to the end that all others who have the like occasion may receive the same benefit as to Ease and Cure, Carefully heed these following Directions, which is plain to every ordinary capacity; teaching the true use of the same.

Apotek Museum

DIRECTIONS

For the Uses of our

Spirit, Pills, Balsome, and Oyntment.

FOR Stoppage of the Stomach, Difficulty of Breathing, Inflammations and Ulcers in the Stomach, Spitting of Blood or Matter, Consumptions, Coughs, Distillations of Rheums, Weakness of the Stomach or Want of Appetite, Collick or Stone in the Reins or Bladder, Stoppage of Urine

or Ulcers in the Reins or Bladder, Fluxes of the Belly or Gripping of the Guts ; *take these following Directions,*

Let the Patient first purge with the Spirit, the Dose being two, three, or four large Spoonfuls, according to the Age and Strength of the Patient ; that is, for a Child or very Weak Body, two Spoonfuls may be sufficient ; but if for a Stronger Body, three or four Spoonfuls ; but for a very Strong Body five or six Spoonfuls ; for there is no danger in taking a large Dose, it being a Strengthenener as well as a Cleanser ; nor in taking too little, if it work not by Stool ; being Cordial as well as Purging. Let the Dose be taken in the Morning fasting : Them that are able, may walk abroad and eat their ordinary Diet as formerly ; its operation being safe and easie : The same Night, going to Bed, take one, two, or three of our Pills, according to the Age and Strength, as before directed, in the use of our Spirit. Thus continue taking both Spirit and Pills every other day ; alwayes observing to take the Spirit in the Morning, and the Pills the same Night ; and by this means you may expect to find speedy ease, and the Cure to hasten to a wonder. *Probatum est* by many.

Now those which are troubled with any of the fore-named Diseases violently, such may take the Pills for three or four Nights, one after another, after their Bodies have been purged with the Spirit ; and then leave off taking the Pills for one Night, the next Morning take a large Dose of the Spirit, and the same Night begin again to take the Pills, as before ; so continue taking the Pills more or less
Night

Nights together, as you see cause: Alwayes observing, That when you would take the Spirit, the Night before leave off the Pills; for in what Diseases soever the Pills are proper to, they must be taken at Night; alwayes observing to take the Spirit in the Morning: and so after little acquaintance with their operation, you will be able to direct your selves and others.

For Madnes, Inflammations of the Brain, Swimmings in the Head, Frenlies and Pains in the Head,

Purge every other Morning with a large Dosse of our Spirit, and the same Night take two or three of our Pills, and every Night annoint the Temples and Fore-head with our Oyntment.

For *Convulsions, Falling-Sicknes, Tremblings, Palles, and Weakness of the sinews*, Let the Sick take a little Dosse of our Spirit every Morning fasting, and every Night annoint the Nape of the Neck and Joynts with our Balsome warm.

For *the Scoury*, that Epidemical Disease. In the Cure of this Disease, our Spirit must be taken in a large Dosse for two or three dayes, then leave off taking the Spirit for two dayes; then take one Dosse of our Pills, the Night following; the last day of Purging, endeavour to sweat upon them that Night, and rise not too early the next Morning. When these two intermitting dayes are past, take the Spirit as before, and the Pills the following Night, as before. Also this Method must be observed all along in the Cure, and you may in a short time find the Subtile Enemy rooted out. Now if there be any breakings out or pains in the Limbs in this Disease, as often it happens, annoint the parts grieved or pained with our Balsome warm every Night and Morning.

For

For the *Gout*, Take a large Dose of our Spirit, every other Morning, and the same Night take two or three of our Pills, and every Night and Morning annoint the parts pained with our Balsome and Oyntment mixed together warmed.

For the *Green Sickness, Dropsies and Worms*, Take a small Dose of our Spirit every Morning fasting.

For *Agues, Fevers, Jaundice Black and Yellow*, every other Morning take a large Dose of our Spirit; the same Night take one or two of our Pills: so continue as long as you see cause.

For the *Rickets in Children*, give them every other Morning a large Spoonful of our Spirit, and every Night annoint their Stomachs and Joynts with the Balsome warm.

For the *French Disease Alamode*, take our Spirit every other day in a large Dose, and the same Night take a large Dose of our Pills, two, three or four, and sweat upon them. If there be any *Swellings, Scabs, breakings out, Ulcers*, or violent pains in the *Limbs*, anoynt the parts with our Balsom every night.

For the *Runing of the Reins*, take our Spirit and Pills, as is before directed in the *French Pox*.

For the *Curing of Sores*; as *Cancers and Cankers, Gangreens and Ulcers, Fistula's, Kings-evil*, or any other old sores: Dress them twice a day with our Balsom, as you use to do other Wounds or Sores with other Oyntments.

If there be any deep Wounds, as in *Fistula's*, make Roles or Tents with Lint or Flax, dip them in the Balsom melted, and tent the Wound every Dressing, and lay a Playster upon the Wound of the said Balsom: Dress all such Sores twice a day: 'twill be

con-

convenient, for such *Patient*, to purge once in three days with a Dose of our *Spirit*, and the same night to take a Dose of our *Pills*, for they do wonderfully dispose *Wounds* to healing. In the cure of other *Sores*, as *Wounds*, *Stabs*, *Bruses*, apply a Plaster of the same *Balsom*, and dress them once a day.

In all old or cold *Swellings*, *Strains*, *Numb*, *Lame* or *Weak Limbs*, anoynt the apart affected night and morning with our *Balsom* warm; and every third or fourth morning take a large Dose of our *Spirit*.

For *Burns*, *Scalds*, *Scabs*, *Itch*, *Tetters*, *Ring-worms*, *Shingles*, *Inflamations*, *Hot-swellings*, *Piles* or *Hemorrhoid*, anoynt the parts affected every night and morning with our *Oyntment*: take a Dose of our *Spirit* every second or third morning, and at night take a dose of our *Pills*.

Lastly, those that are troubled with any other *Diseases* than those aforementioned, either *Internal* or *External*, within the reach of *Medicine*, of what nature or kind soever, may safely make use of these our *Medicines*; for they have been found so powerful, safe and effectual, in resisting *Putrefaction*, easing *Pains*, strengthening *Nature*, that being timely taken, many dangerous *Diseases* may in a short time be cured by using these *Medicines*, as need shall require, the foresaid *Directions* is sufficient to inform you: And let me advise all who love their *Healths*, to take a dose of our *Spiriti* often, to correct the evil effects the precedent, unseasonable weather, and unsound *Dyet*; and 1 or 2 of our *Pills* the same night. These *Medicines* being friendly to *Nature*, preventing *Diseases*, rooting out the *Scurvie*, which secretly lodges in the mass of *Bloud*, in most seeming healthy *Persons*, from which Root most other *Diseases* arise, being but

ches of the same, stirred up by every little accident Hetrogenious to Nature.

This *Medicine* being rightly adapted for the destroying of *Diseases* in Semene, by altering Ferments, doth prevent the *Plague*, *Small Pox*, *Mezles*, and many *Diseases*, and is of that renovating property, that it may well be called, as indeed it is, a rare preserver of health and vigor, consequently prolonger of life also.

For the confirmation of which, see the History of Life and Death by *Francis Lord Bacon*, pag. 25. who complains of the want of such *Medicines* in the Vulgar Art of *Physick* in his time.

The Art of Physick, saith he, which we now have, looks no farther commonly than the conservation of health and cure of *Diseases*: As for those things which tend properly to long life, there is but slight mention, and by the way only; notwithstanding we will propound those *Medicines* which are notable in this kind, I mean, those which are *Cordials*: For it is consonant to Reason, that those things which being taken in Cures, do defend and fortifie the Heart, or more truly the Spirit against Poysons and *Diseases*, being tranferred with judgement, and choice into Diet, should have a good effect, in sort towards the prolonging of life: And pag. 51. We do considenly affirm (neither let any man reckon us amongst those Hereticks, which were called Cathari that often purges and made even Familiar to the body, are more a vailable to long life, than Exercises and Sweats. Thus far we have digress'd.

For Sea-men that go long voyages, these *Medicines* are of great use and vertue, and may be a means to save life, when the Doctors Chest may fail; for in *Calenture*, *Fevers* and *Fluxes*, many Sea-men are lost for want of proper *Medicines*, powerfully

fully to withstand the same. Now for the Cure of these *Diseases*, let the Sick take a large dose of our *Spirit*, and when the *Spirit* hath done working, then take two or three of our *Pills*, and sweat upon them; and by this Experiment alone, you will find that a Master of a Ship, or any of his Company, may by these four *Medicines* perform more noble Cures, though ignorant in *Physick* and *Chyrurgery*, than the knowing *Artest* with a Chest full of *Gallenical Medicines*. And he or she that is furnished with these *Medicines*, and useth them according to our directions aforesaid, may cure themselves, with great ease, safety, secrecie and cheapness, and that there is goodness and worth in those fore-named *Medicines*, and that many have been cured by them, who have been past all probable hope of recovery: In confirmation of which take, these few of many Testimonies, the whole being too tedious to relate.

TESTIMONIES.

In the twelfth Month 1672, came to my House one M. *Broomhale*, which a little before had some of my *Spirit*, *Pills* and *Balsom*, for the use of one *Manwaring*, a woman of seventy years of Age, and she had been lame many years, her Legs ulcerated, swelled, and afflicted with general pains, and shortness of Breath, insomuch that recovery was not expected; yet for the expence of twenty shillings was cured, to the wonder of her acquaintance: This is well known to the great ones of this Nation: This is part of the Relation brought me by her Friend; she lodged at the time of her curing, at one M. *Clarks*, Midwife in the old *Ambury* at *Westminster*.

Henry Churcher in *Garden-alley* in *Bishopsgate-street*, troubled with spetting of Blood and Matter, with an Impostume in his Stomach, cured in a few days with these *Medicines*.

Lidia Witcomb of *Gloster*, cured of the Worms with two doses of the *Spirit*.

The Widdow *Willians* in new *Kings-street*, *Wapping*, cured of a violent head-ach of twelve years, with less than two Boxes of *Pills*.

Henry Nock, Sadler, in *Ashford* in *Kent*, cured of the Stone in a few days.

Anne Marsh, the Wife of *John Marsh* of *Hendun*, five Miles from *London*, after she had spent many pounds, and finding no ease, began to despair of help; being troubled with violent Scorbutick Pains, shortness of Breath, want of Appetite, was in a short time cured with my *Spirit* and *Pills*, for less than twenty shillings charge.

Thomas Bromfield Shoo-maker near the *Turn-stile*, *Holbron*, violently afflicted with the Stone, and stoppage of Urine, having not made any water but by drops for five weeks, and that with great pain: was perfectly cured in six hours with one dose of *Spirit* and *Pills*.

Marget Edmonds in *Ferman-street*, near *James Market*, cured of a violent Canker in her throat, occasioned by the Scurvy.

Mary Dyet of *Barnaby-street*, troubled with violent Fits of the Mother, and pains of the Spleen, cured for little charge.

A Child of *Mat. Broads* in *Thomas Southwarke*, was cured of a bloody Urine in two days time, to the amazement of its Parents.

A *Cornish Navigator* given off as past cure, not being able to move hand or foot, was brought to
London

London, and in a few days was able to come to my Chamber: He lodged in *New-gravel-Lane, Wapping*, near *Henry Wyards*, who was an eye witness of him, and many others that was wonderfully recover'd.

Dorathy, the Wife of *John Tupper*, Bricklayer, in *Eagle-street* near *Pickakilly*, cured of a violent stoppage in her Stomach, and Head-ach.

Bernard Jenkes near the *Pelican* in *East-Smithfield*, cured of a violent pain in his Side and Back, shortness of Breath: his Wife of a Cancerous humour in her Brest.

Sarah Barrow of *Dirty walton* near *Tuexbury*, cured of a violent Cancerous Tumor, which caused the loss of the use of one Arm.

Adam Bennet of *Hyneham*, twelve Miles from *Gloster*, troubled with a tedious quartin Ague, Consumption, Cough, shortness of Breath; cured with a quarter glass of our *Spirit*, and half a Box of *Pills*.

John Relph, Ship-wright at the *Falcon* near the *Banks-side*, *Southwark*, cured of a violent Consumptive Cough, after so weak that he could not sit up right in his Bed, and given over as past help: Also a Child of his cured of a violent stoppage in his Stomach and Hecktick Fever.

One *Every-Tharpe*, Water-man on the *Bank-side*, cured of a tedious quartin Ague, when near dearth-door: the same man some years after cured of a violent pain in his Side; also others of his Family cured.

One *Abbet Fisherman* on the same *Bank-side*, cured of a violent Fever, stoppage of the Stomack, and pains in his Head and Limbs, when past all probability of recovery, with many others of the Neighbour-hood about *Masson-stares*, and other parts of the

the *Bank-side*, cured to a wonder the names and Diseases, of which are too tedious to relate.

Mary Carrol, now the Widdow *Bryon* of *Chatham* in *Kent*, cured of an old cancerated Brest so dangerous, that it was feared it must have been cut off, is now reduced to its perfect shape as formerly, and hath remained well this six years.

Anne Cuny of *Poyk*, cured of Madnes, after she had been many Months in Chains, and remained well seven years.

A Servant of *Thomas Harris*, at the two Tobacco Roles in *East-smithfield*, cured of Madnes in a short time.

Thomas Sadler, a lodger at one *Godwards* in *Kings-street*, *Giles* in the *Fields*, cured of Madnes in a short time. Another lodger of his cured of violent Gripings of the Guts, and shortness of Breath. For farther confirmation of this, inquire of the said *Godwards* at the *Bear Ordinary* in *Burchin-Lane*.

A Sister of *Sarah Knights* in *Cow-lane*, cured of a Phrenzie.

Captain *Watkins* of *Mile-end*, cured of the Gout in his hands and feet.

The Lady *Griffin* near *Leitchfield*, by taking of our Spirit and Pills voided Sand, Gravel, and small Stones without pain in a great quantity.

John Woolger of *Bredhemstone* in *Sussex*, Fisherman, was cured of a Woolf in his head, by waring a Cap made of our *Balsom* mixt with Cotten, Wool, and quilted between to linning Cloaths, and by taking inwardly our Spirits and Pills, notwithstanding his head had been twice opened by advice of Eminent Physicians and Chyrurgions, by reason of the length and tediousness of his pain, being of some years continuance

tinuance, and past all probable hope of recovery, yet well in a short time, and hath remained well this twelve years.

The Wife of *Richard Collings* of *Clare-street, New-market*, cured of a violent *Scorbutick Leprosie*, no part being free from pains and botches.

William Jordan at the *Maremaid* in *Carter-lane*, cured of a violent *Fever*, shortness of *Breath*, and pains in his *Limbs*.

Two blind Children cured to admiration, one at *Farneham* in *Surry*, the other at *Tamworth* in *Staffordshire*.

Alexander Pope, Water-man of *Shad. Thames*, cured of a violent *quartin Ague* and *Dropsie* in a weeks time, when he had try'd many Physicians of common note.

One *Stringer*, Journey-man at the *Blew-last* in *Russel-street*, cured of violent pains in his *Loyns*.

The Wife of *John Collet* of *East-smithfield*, violently affected with the *Sone*, cured.

John Brown, Butcher in *Absford* in *Kent*, who had a violent hard *Tumor* on his *Arm-pit*, the pain of which caused the loss of the use of his *Arm*, cured in thirty days. Another of the like Disease, cured near *Dearham* in *Norfolk*.

A Daughter of *John Edmonds* near *Bramsgrove*, who was so violently afflicted with *Convulsion Fits*, that sometimes she was drawn neck and heels together backward, and at other times up on a heap side ways, was cured in a short time. Another of the like Disease, cured in *Amberly* in *Worstershire*.

Thomas Snell of *Gloster*, cured of a hard swelling on his face with a quarter glass of *Spirit*, and a pot of *Oyntment*.

Cures performed by *John Fenny* of *Wimslow* in *Chestire* with my *Spirit* and *Pills*, one of a violent *Canker* in her *Throat*, cured when left off as past cure.

Mary Baly of the same place, cured of extreme *Stitches* and *Vomitings*.

Elinor Potter, cured of pains in her head, and spotted, pimp-
pled face.

Another of violent pains in her Jaws and Teeth.

Another of a Quinsie, his tongue so swelled, that his Mouth
was not able to contain it, and was speechless, cured in 24 hours.

Anorher of the Jaundice, and violent Head-ach: A Child of
his cured of the Chin Cough.

These Cures, with many more, he gave me an account of at
large in his Letter.

A Maid near *Coventry*, cured of a Gangerime on her face with
my Balsom.

A Kinswoman of *Robert Rotheram* of *Bestford* near *Nottingham*,
had above forty Stones brought away from her without pain in
a little time. Many more might be added enough to fill a large
Volume, for I could instance a cloud of witnesses more, but let
this suffice for brevities sake: I assure thee my aim is the publick
good, and that the poor might have cure is my end; If any do
misconster me to their own hurt; I cannot help that, but
for my part, I can heartily and truly say in the presence of him
that is the searcher of all hearts, I durst not have published these
things to the world, had I not found that God the giver of every
good and perfect Gift, had blessed the means afforded thereby,
and am fully satisfied, if thou canst but make use of it with a
thankful heart, you will find the truth of what I say, for which
glory to God only.

Arcanum vegetabilum, that Cordial purging Spirit is 4 s. the
Glas, 2 s. the half Glas.

Pilule vegetantes is 4 s. the Box, 2 s. the half Box.

Balsamum Vitæ is one 1 s. the Box.

Unguentum Refrigerans is 1 s. the Box.

WHereas this Cordial purging Spirit, Pills, Balsom and
Oyntment was formerly sold in some other places in and
about *London*. These are to give notice, that the said Spirit, Pills,
Balsom and Oyntment are not to be had or sold in any other
place in *London*, but at the house of *William Rayman*, at the up-
per end of *Bred-street* near *Cheapside*, between the *Angel* and
Bell.

